1 DRINK
(Glass of wine or Soft Drink or Beer)

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LUNCH MENU - Choose 1 dish

\section*{HEALTHY SALAD}

\section*{CHICKEN \& RUCOLA}
(Grilled marinated chicken breast set on a rocket salad with pickled onions, fresh apples and char grilled sweet corn tossed with maple and walnut dressing)

\section*{HALLOUMI COUSCOUS}
(Steamed couscous with grilled Halloumi cheese, roasted peppers, chickpeas and spring onions served with a mint yoghurt and hints of fresh chilli)

\section*{SALMON QUINOA}
(Baked fillet of Norwegian salmon set on a beetroot quinoa with toasted hazelnuts, cherry tomatoes
\& zesty orange vinaigrette)

\section*{PASTA}

\section*{PENNE ZUCHINI PRAWNS}
(Rustic creamed zucchini sauce with peeled prawns and a touch of mint)

\section*{SPAGHETTI CHICKEN PESTO}
(Chunks of chicken breast sautéed in garlic, tossed with fresh basil \& pine nuts)

\section*{GARGANELLI VEGETARIANA}
(Roasted broccoli in garlic with cherry tomatoes, Kalamata olives \& feta cheese)~~~

