

1 DRINK

(Glass of wine or Soft Drink or Beer)

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## **LUNCH MENU - Choose 1 dish**

## **HEALTHY SALAD**

# **CHICKEN & RUCOLA**

(Grilled marinated chicken breast set on a rocket salad with pickled onions, fresh apples and char grilled sweet corn tossed with maple and walnut dressing)

### **HALLOUMI COUSCOUS**

(Steamed couscous with grilled Halloumi cheese, roasted peppers, chickpeas and spring onions served with a mint yoghurt and hints of fresh chilli)

# **SALMON QUINOA**

(Baked fillet of Norwegian salmon set on a beetroot quinoa with toasted hazelnuts, cherry tomatoes & zesty orange vinaigrette)

### **PASTA**

#### **PENNE ZUCHINI PRAWNS**

(Rustic creamed zucchini sauce with peeled prawns and a touch of mint)

### **SPAGHETTI CHICKEN PESTO**

(Chunks of chicken breast sautéed in garlic, tossed with fresh basil & pine nuts)

#### **GARGANELLI VEGETARIANA**

(Roasted broccoli in garlic with cherry tomatoes, Kalamata olives & feta cheese)