



Elemis Facial Treatments

Pro-Collagen Age Defy

60min €85

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine- charged Padina Pavonica and red coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

Pro Definition Lift & Contour

60min €95

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

Sensitive Soother

60min €85

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

Dynamic Resurfacer

60min €95

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin. *Independent Clinical Trials.*

Pro Radiance

60min €85

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health. *Independent Clinical Trials.*

Booster

30min €55

A 30min facial treatment that will take on the challenges of sensitivity, oiliness and dullness for a healthier complexion.

Elemis Men's Treatments

High Performance Skin Energiser Facial 60min €85

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

Gentleman's Manicure 45min €30

Gentleman's Pedicure 45min €35

Elemis Body Treatments

Freestyle Deep Tissue Massage 30min €55

60min €90

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Peaceful Pregnancy Massage 90min €95

Performed on a pear-shaped beanbag that moulds to every bump, mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

Elemis Body Exfoliation

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Intensely Cleansing Salt Scrub 45min €55

Lime & Ginger Scrub 45min €55

Frangipani Scrub 45min €55

Elemis Body Wraps

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Nectar Nourishing Wrap 60min €65

Frangipani Wrap 60min €65

Thousand Flower Detox Wrap

60min €65

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Targeted Toning Tighter:

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms. This treatment is clinically proven to reduce the appearance of cellulite after just one treatment.

Hips & Thighs

45min €70

Abdomen

30min €50

Arms

30min €50

Full Body

90min €95

Massages

Swedish Massage

60min €80

This type of massage is a Swedish massage. Swedish massage works to improve circulation, relieve muscle tension, stretch tight ligaments and reduce emotional stress.

Anti-Stress Massage

45min €65

This type of massage emphasizes on the back area and legs in order to relieve tension and stress.

Back, Shoulder & Neck Massage

30min €55

This relaxing massage works specifically on the head, neck and shoulder areas where stress and tension are likely to accumulate.

Candle Oil Massage

45min €75

60min €90

This is an extremely relaxing massage that will awaken your senses. The soothing aroma of the candle will take you on a journey of senses. The massage combined with warm essence and expert movements that will leave you rejuvenated.

Aromatic Massage

60min €90

This is a Swedish massage using essential oils which are inhaled and absorbed through the skin.

Ikonika Couples Massage

60min €120

SPA Packages

Restore Me

Elemis Facial	<i>60min</i>
Relaxing Massage	<i>60min</i>
	<i>€120</i>

Energise Me

Elemis Facial	<i>60min</i>
Anti-Stress Massage	<i>45min</i>
	<i>€105</i>

Detox Me

Elemis Lime & Ginger Body Scrub	<i>30min</i>
Elemis Thousand Flower Detox Wrap	<i>60min</i>
	<i>€100</i>

Just the Two of Us

Couples Massage	<i>60min</i>
Elemis Facial	<i>60min</i>
	<i>€160 (per couple)</i>

Spoil Me

Peaceful Pregnancy Massage	<i>90min</i>
Ikonika Spa Pedicure	<i>60min</i>
	<i>€120</i>

Gentleman's Holm Treat

Elemis High Performance Skin Energiser Facial	<i>60min</i>
Gentleman's Pedicure	<i>45min</i>
Gentleman's Manicure	<i>45min</i>
	<i>€100</i>

The Ikonika Signature

Body Exfoliation	<i>30min</i>
Luxury Body Wrap	<i>60min</i>
Body massage	<i>45min</i>
Customised Facial	<i>60min</i>
	<i>€185</i>

All packages include usage of indoor pool, jacuzzi and a selection of teas/coffees/healthy nibbles

Waxing

Half Leg	€15
Full Leg	€20
Bikini Line	€10
Full Leg & Bikini Line	€30
Under Arms	€12
Arms (full)	€15
Arms (half)	€10
Upper Lip	€5
Chin	€5
Back	€20
Lower Back	€10
Chest	€20
Eyebrow Shaping	€8

Hands & Feet

Classic Manicure	45min	€30
Express Manicure	20min	€25
For French manicure		add €10
Classic Pedicure	45min	€35
Express Pedicure	20min	€25
For French pedicure		add €10
IKonika Luxury Manicure	60min	€40
IKonika Luxury Pedicure	60min	€45
IKonika Foot Ritual	45min	€50

Ikonika Spa Pass

€105 (per person)

This entitles you to a 30min Back Massage

Our unique ritual journey:

Experience showers

Foot spa

Steam room

Ice room

Sauna

Ice bucket room

Finishing off with our destress inhalation lounge

Indoor pool

Jacuzzi

Gym

Water/teas/coffee/healthy nibbles

SPA Membership Tariffs (for Non-Residents)

This will include all of the above and a 15% discount on all treatments and hotel accommodation.

3 months - €350 pp

6 months - €450 pp

12 months – €600 pp

12 months - €750 per couple

Members can bring a guest at a discount price of **€80**.

Residential guests can purchase an *Ikonika Spa Pass* for **€80** (all through their stay).

Residential guests can purchase an *Ikonika Spa Pass* for **€105** with one complimentary 30 mins back massage (all through their stay).
